

November 1, 2026

Matthew 23:1-12

Partners in Service

Long before he was Pope, a priest called Francis developed a prayer he called the five-finger prayer. On this All Saints Day, it's a good way to call to mind those saints in our lives and in the world who have led the way in the faith.

Hold your hands palm down in front of you, and look at your fingers one by one, beginning with your thumb, which is the closest to your heart.

Thumb: Pray for those closest to you. Pray for those in your chosen family, or for your close friends.

Pointer finger: Pray for those saints who have pointed you in the right direction. Pray for older relatives, wise teachers, good employers, and thoughtful mentors.

Middle finger: This finger stands tall. Pray for the saints in leadership in your community and the world. Pray for those in business, government, and church leadership whose decisions affect so many.

Ring finger: This finger is the weakest of all the fingers. Pray for those on the margins, pray for the oppressed or the downtrodden. Pray for the ill and the dying. Pray for the addicted and the imprisoned.

Pinky finger: This finger is the smallest. This is where you put your prayers for yourself.

In today's scripture story, Jesus teaches the crowds and disciples about servant leadership. He showed them that when we are followers of Christ, our words and actions need to be consistent. As we pray this prayer, we can get clearer about who are the ordinary, everyday saints in our lives and the world. We can better understand who those are who walk their walk and talk their talk, those saints who have something to teach us here and now.