

September 20, 2026

Exodus 16:2-15

Tensions in the Wilderness

Today, receive a letter of wisdom and compassion from The Alliance of Associate Conference Ministers of the United Church of Christ and The Council of Conference Ministers of the United Church of Christ. The letter, written earlier this year and excerpted here, is an invitation and a challenge to churches to care for their pastors in a radical way. How can your setting respond to these powerful words?

“...We are aware that there is a particular burden, often unseen by many, that you who serve in authorized ministry carry because of the inherently relational nature of ministry. We see you, and we hear your weariness and often discouragement. We also love you and hold you in our prayers.

As such we are aware that there is a need to tend to the particular needs of you who serve as our authorized ministers so that your spirits may be renewed and so that the long-term health of God’s mission manifest in the many expressions of the church may be strengthened. The collective care of all our Conferences and indeed the church in every setting compels us to offer a word of encouragement regarding the need for care in ways that give space for rest and rejuvenation; clarity and the renewal of one’s calling.

While we recognize that resources vary widely throughout the settings of our shared life, there are several suggestions we would offer for consideration by local congregations and other settings of ministry.

- ✧ First, we urge you to intentionally pray for your leaders and the renewal they may need.
- ✧ Second, we encourage you to give permission and blessing for two consecutive weeks away for renewal leave, not counted as vacation time. This time alone will not be enough to process all that has happened or continues to happen in the life of the church, but it will offer space for a new ground to be cultivated to engage in ongoing practices of self-care, necessary for sustained and life-giving ministry.
- ✧ Third, we encourage you to trust that your setting of ministry will not be diminished by this time away but rather strengthened by it.

“...Grief and loss are inherent in this season. Some of us even feel shame, which is a burden that we need not carry. We are hopeful that this time away helps you reconnect deeply with your call and with God, who loves you.”